

# Menu week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Hot Selection	<b>Oven Baked Pork Sausage</b> Served with creamed potatoes, seasonal vegetables & onion gravy £2.15	<b>Homemade Curry of the Day</b> Served with rice & naan bread £2.15	<b>Cook's Roast of the Day</b> Traditional roast of the day, served with roast potatoes seasonal vegetables & gravy £2.15	<b>Homemade Lasagne</b> Served with freshly chopped salad & crusty garlic bread £2.15	<b>Crispy Fish Fillet</b> Served with chips & mushy peas £2.15
	<b>Oven Baked Vegetarian Sausage</b>  served with creamed potatoes, seasonal vegetables & onion gravy. £2.15	<b>Tomato, Garlic and Basil Pasta Bake</b>  Served with fresh seasonal vegetables & crusty garlic bread £2.15	<b>Homemade Vegetarian Quiche</b>  Served with jacket potato & freshly chopped salad £2.15	<b>Vegetarian Pasta Bolognese</b>  Served with crusty garlic bread £2.15	<b>Chef's Oven Baked Pie</b> Served with chips & peas £2.15
Street Food Selection	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25	<b>Baked Pizza Slice</b> Freshly baked Tugo pizza slice with a daily choice of toppings £1.30	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25	<b>Baked Pizza Slice</b> Freshly baked Tugo pizza slice with a daily choice of toppings £1.30	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25
Hot Sandwich Option	<b>Hot Filled Panini with a Choice of Filling</b> £2.25	<b>Classic Tortilla Wrap</b> filled with marinated chicken & freshly chopped salad £2.15	<b>Chicken Fillet</b> Served on a freshly baked bun & chopped salad £1.50	<b>Theo's Marinated Chicken Flatbread</b> £2.25	<b>Classic Tortilla Wrap</b> filled with marinated chicken & freshly chopped salad £2.15
Healthy Selection	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85
	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50
Dessert	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p

Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and a choice of drink.

Grab yourself a great deal



# Menu week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Hot Selection	<b>Chicken Stir Fry</b> Served with noodles & green beans £2.15	<b>Spaghetti Bolognese</b> Served with focaccia bread & freshly chopped salad £2.15	<b>Cook's Roast of the Day</b> Traditional roast of the day, served with roast potatoes seasonal vegetables & gravy £2.15	<b>Homemade Pie</b> Freshly cooked pie of the day served with potatoes & seasonal vegetables £2.15	<b>Crispy Fish Fillet</b> Served with chips & mushy peas £2.15
	<b>Chicken Enchiladas</b> served with cous cous £2.15	<b>Homemade Curry of the Day</b> Served with rice & naan bread £2.15	<b>Homemade Cheese Whirl</b> Served with baked beans £2.15	<b>Tomato, Garlic and Basil Pasta Bake</b> Served with fresh seasonal vegetables & crusty garlic bread £2.15	<b>Vegetarian Burger</b> Served on a freshly baked bun & chopped salad £1.50
Street Food Selection	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25	<b>Baked Pizza Slice</b> Freshly baked Tugo pizza slice with a daily choice of toppings £1.30	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25	<b>Baked Pizza Slice</b> Freshly baked Tugo pizza slice with a daily choice of toppings £1.30	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25
	<b>Hot Filled Panini with a Choice of Filling</b> £2.25	<b>Classic Tortilla Wrap</b> filled with marinated chicken & freshly chopped salad £2.15	<b>Chicken Fillet</b> Served on a freshly baked bun & chopped salad £1.50	<b>Theo's Marinated Chicken Flatbread</b> £2.25	<b>Classic Tortilla Wrap</b> filled with marinated chicken & freshly chopped salad £2.15
Healthy Selection	<b>Jacket Potato</b> with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b> with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b> with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b> with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b> with choice of tasty fillings & crunchy chopped salad. £1.85
	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50
Dessert	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p

Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and a choice of drink.

Grab yourself a great deal



# Menu week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Hot Selection	<b>Homemade Pie</b> Freshly cooked pie of the day served with potatoes and seasonal vegetables £2.15	<b>Homemade Curry of the Day</b> Served with rice and naan bread £2.15	<b>Cook's Roast of the Day</b> Traditional roast of the day, served with roast potatoes seasonal vegetables and gravy £2.15	<b>Homemade Cottage Pie</b> Beef mince in rich gravy topped with fluffy mashed potato served with seasonal vegetables £2.15	<b>Crispy Fish Fillet</b> Served with chips and mushy peas £2.15
	<b>Homemade Cheese Whirl</b>  Served with baked beans £2.15	<b>Vegetarian Pasta Bake</b>  Served with fresh seasonal vegetables and crusty garlic bread £2.15	<b>Tasty Meatballs</b> Served with penne pasta and garlic bread £2.15	<b>Macaroni Cheese</b>  Macaroni pasta in a tasty cheese sauce served with broccoli £2.15	<b>Vegetarian Burger</b>  Served on a freshly baked bun and chopped salad £1.50
Street Food Selection	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25	<b>Baked Pizza Slice</b> Freshly baked Tugo pizza slice with a daily choice of toppings £1.30	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25	<b>Baked Pizza Slice</b> Freshly baked Tugo pizza slice with a daily choice of toppings £1.30	<b>Pasta Bar</b> A wide choice of sauces to complement our freshly cooked pasta From £1.90/£2.25
Hot Sandwich Option	<b>Hot Filled Panini with a Choice of Filling</b> £2.25	<b>Classic Tortilla Wrap</b> filled with pulled pork & freshly chopped salad £2.15	<b>Chicken Fillet</b> Served on a freshly baked bun & chopped salad £1.50	<b>Theo's Marinated Chicken Flatbread</b> £2.25	<b>Classic Tortilla Wrap</b> filled with marinated chicken & freshly chopped salad £2.15
Healthy Selection	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85	<b>Jacket Potato</b>  with choice of tasty fillings & crunchy chopped salad. £1.85
	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50	<b>Assorted Sandwiches</b> A selection of filled sandwiches, subs, baguettes & rolls From £1.50
Dessert	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p	<b>Selection of Desserts</b> Freshly made cakes from 80p Fresh fruit 50p Assorted fruit yogurts 65p

Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and a choice of drink.

Grab yourself a great deal