



## KEY KNOWLEDGE

During this half-term, you will develop skills and techniques in football. You will be developing core and advanced skills, building towards your assessment in the 'range of skills' (AF1), and 'quality of skills' (AF2). You will also be assessed throughout the year in 'physical and psychological attributes' (AF3), 'skill application' (AF4), and 'leadership skills' (AF5). The skills you'll develop will transfer to GCSE PE and Sport Studies courses offered at KS4.

Y9

Autumn 1  
Football

## Control, Accuracy and Fluency

You will be assessed on how well (quality) you can perform the key skills, considering **control**, **accuracy** and **fluency**.

Try to describe what **control**, **accuracy** and **fluency** look like for each skill.

## 5 minute Challenge

1. Name as many premier league golden boot winners as you can.
2. Name the reasons for a free kick.
3. Name the reasons for a yellow card.
4. Explain the offside rule.
5. Practice your volleys against a wall.



## KEY VOCAB

Key Skills	
Core skills	Advanced skills
Range	Range
Ball Control: using both feet	Ball Control: using chest
Passing: short on ground	Ball Control: using thigh
Passing: long on ground	Non dominant foot passing
Passing: short lofted	Dominant foot shooting: use of swerve
Passing: long lofted	Dominant foot shooting: use of volleys
Shooting: short range	Heading: defensive
Shooting: long range	Heading: attacking
Dribbling: use of both feet	Marking: Player without the ball
Dribbling: close control	
Heading	
Tackling: block tackle	
Tackling: jockeying	
Marking: player with the ball	

## Physical Education

SPEAK  
READ  
ARTICULATE  
THINK  
QUESTION  
WRITE  
SPELL



## LINKS FOR FURTHER RESEARCH

Volleys:

<https://www.youtube.com/watch?v=W4mwn0jouKQ>

Swerve:

<https://www.youtube.com/watch?v=vR2Grj1f0VE>

Marking:

<https://www.youtube.com/watch?v=Htj4nqG7tX4>

## BROADEN YOUR KNOWLEDGE

