

ACHIEVE TRANSITION

Support for 15-18 year olds progressing into work or the next stage of their education



We recognise that young people are facing challenging circumstances due to prolonged interruption to their education, leading to an increased risk of some young people becoming NEET, adding to the high levels of youth unemployment. In response to this, we have designed a new free six-session online programme to support young people aged 15-18 who are transitioning to the next stage of their education or entering the world of work.

> OVERVIEW

Achieve Transition is a programme for students in Greater Manchester who are uncertain of their next steps after leaving school or are concerned about the jump from Year 10 to Year 11. The programme is designed for young people who may suffer from low confidence and disengagement with education due to the pandemic and would benefit from additional sessions outside of the school curriculum.

The sessions help students to identify their skills and strengths and learn how they can utilise these skills going forward. Students are encouraged to think about how to set goals and prepare for a successful future. The programme can be tailored to topics highlighted by teachers or students themselves as useful to cover.

The sessions are a mixture of group discussion and solo activities. Achieve Transition is most effective for Year 10s and 11s who have missed a crucial part of their education and feel nervous about leaving school or moving to the next stage of their journey.

> AIMS

- Increase confidence
- Increase understanding of options after school and how to start making steps towards finding a job
- Goal setting methods
- Discussion of personal barriers to success and how to work through them
- Reduce anxiety about leaving school and moving to a new environment

➤ DELIVERY

- Six 90-minute sessions, delivered at a frequency to suit your students
Normally delivered via Microsoft Teams but we also offer the option to deliver in person (where virtual delivery is not possible)
- Can be delivered during term time or during school holidays
- Students need a laptop, microphone and webcam to participate
- For groups of up to 20 students

➤ STANDARD SESSIONS

- Introduction and Identity
- Skills and Confidence
- Goal Setting and Future Dreams
- Choice Theory
- CVs and Career Planning
- Wellbeing and Stress Management



➤ FEEDBACK FROM EDUCATION PROVIDERS

"The Achieve Transition programme was fantastic in helping prepare our students, many of whom were vulnerable for college. In a difficult time, in the middle of lockdown, our selected students were anxious about college, many felt like they were not prepared or ready to start college.

I cannot credit The Prince's Trust team enough for their support to both the school and our students, their communication throughout was outstanding. The Achieve Transition programme gave our students an opportunity to develop key skills and as a result of this their confidence also grew and they felt ready and more prepared for their future steps."

Laura Mundy, St Cuthbert's

"The year 11 students engaged with The Prince's Trust Achieve Transition programme during the Covid-19 pandemic. The students were able to build their confidence, communication skills and IT skills. By taking part in the course, students were able to re-engage with learning after the nationwide lockdown, this enabled them to have a smoother transition into further education."

Claire Cooper, The Canterbury Centre

FIND OUT MORE AND SIGN UP

If you're interested in delivering Achieve Transition with your students, get in touch with our education team to discuss the programme in more detail.

Email Harry Freeman: harry.freeman@princes-trust.org.uk

For more information about our education provision, visit our [Greater Manchester website](#).